

# 20/20 VISION FOR LIFE CAMPAIGN

POWERED BY  YOUNIQUE



## SMALL GROUP EXPERIENCE

### Session #2: Uncover the True You

Text: Jeremiah 4:1-4

**Big Thought:** *Breakdown is the pathway to breakthrough*

### Small Group Session:

#### See It: (Small Group Questions)

1. Where have you seen people become a lesser version of themselves?
  - What did their journey to a lesser self look like?
2. How is Israel becoming a lesser version of itself in this passage?
  - How has Israel's lesser version of itself damaged its people and derailed their destiny?
3. Why does sin involve seeing God as less than he is?
  - Is it a sin to be a lesser version of ourselves? Why do you think that?
4. Jeremiah extends an offer of God's grace and at the same time warns of God's wrath. Which makes more sense to you—his grace or his wrath? Why is that?
  - What lesson could you learn from the side of God that makes you less comfortable?
5. What do you think it means to return to God?
  - What might it look like for a person who has settled for a lesser version of themselves to return to God?
  - Do you sense a nudge to return to God yourself? What has to change for you to do that?

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#### Be It: (Small Group Exercise)

##### Return to the True You

Take a few minutes to rate on a scale of 1 to 5 (1 being very little temptation, 5 being very great temptation) which false version of yourself is most likely to influence you. Write down reasons for the especially tempting ones. Then discuss as a group.

| Versions of Me  | Rating | Reasons |
|---|--------|---------|
| The Expectations of Others<br>(The me others expect me to be) |        |         |
| The Imitation of Success<br>(The me I think I want to be)     |        |         |
| The Infatuation with Money<br>(The me they pay me to be)      |        |         |
| The Preoccupation of Life<br>(The me time makes of me)        |        |         |
| The Projection of Self<br>(The me I want to be)               |        |         |